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Tune in to the Driving Home Naked playlist and win a copy of the book! - Driving Home Naked Updates

1 message

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Sun, May 7, 2023 at 1:02 PM

Driving Home Naked



UPDATES



A Playlist for Your Drive Home

As many of you know, I drive over 50,000 miles in my vet truck each year, almost exclusively making house calls, exposing me to whatever foul weather Mother Nature serves up. I thought I'd share my secrets to surviving copious amounts of driving—all day and in the wee hours of the night—often in crazy weather and sometimes scantily clad. The trick is cranking up the music and sucking down Mountain Dew (nectar of the gods) while simultaneously avoiding speeding tickets. So, I've put together a special playlist with relevant descriptions to share the joy of my rides. Pump up the volume and enjoy!

- Dr. Melinda





Bekah, Dr. Melinda's vet assistant, and #7535 jamming to the playlist.

Cows love MOOosic too.

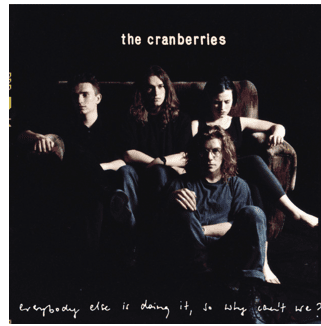


Driving Home Naked Playlist

[Click here to listen on Spotify](#)

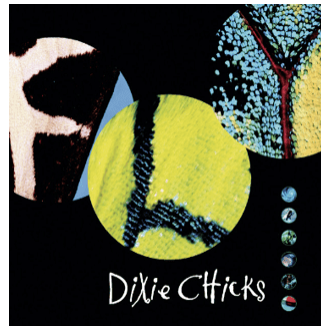
1. **Dreams** by The Cranberries

I listened to this song a lot in pursuit of my dream to become a veterinarian, especially during part of my undergraduate education attending college in Sligo, Ireland.



2. **Goodbye Earl** by The Chicks

I grew up listening to The Chicks while checking the calving cows in the middle of the night. Heidi and I jam to this song in the story "MiMi the Sheep Goes to D.C." as we drive the white GMC pickup to visit schoolchildren with a sheep, two goats, and 85 pumpkins.



3. **Take Me Home, Country Roads** by John Denver

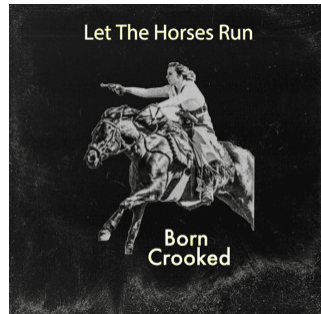
Cruising all night through West Virginia to get to Ohio requires an inspirational song like this hit. In "A Pot of Jasmine at the End of the Rainbow," I drive along countless country roads with a teenager, a baby alpaca, and its spitting mama in the back of the truck.



4. **Let the Horses Run** by Born Crooked

The members of this band are very important to me. They appear in the story "Hell

on Wheels" as budding rockstars, now they live in Nashville and make music professionally. Their mom Wendy is as proud as I am of her children and their band "Born Crooked." Please check out their music!



5. **Firecracker** by Josh Turner

Dr. Kate's boys and I rock out to this song in the story "What Would John Wayne Do." The boys always call me out when I blush because I adore Josh Turner.



6. **I Fall to Pieces** by Patsy Cline

I dance with a special farmer in the barn in the story "I Fell to Pieces." He has a rule that when this song comes on, dancing is required. Fun Fact: Patsy Cline was born and raised in Virginia!



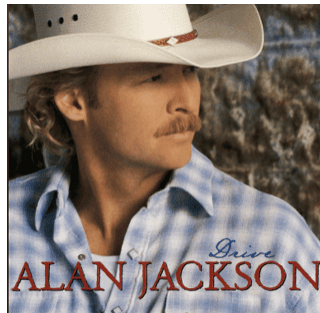
7. **Angels** by Robbie Williams

This song plays on the truck radio in the story "Running on Fumes" while I speed down the country road with my border collie co-pilot Dot. Angels abound as we discover someone in need of help on the side of the road.



8. **Where Were You** by Alan Jackson

Alan Jackson came to Louisa to do a concert after the earthquake that shook Louisa in 2011. The earthquake registered a 5.9 on the Richter scale and rendered me homeless.



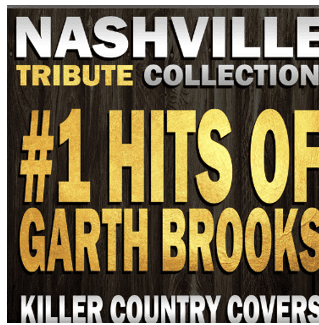
9. **Honkey Tonk Women** by The Rolling Stones

This song blasts on the radio in the story "Packing for Success." Dr. Kate recommends putting the window down and letting the cold air blow in while jamming to a rock song to prevent falling asleep while driving.



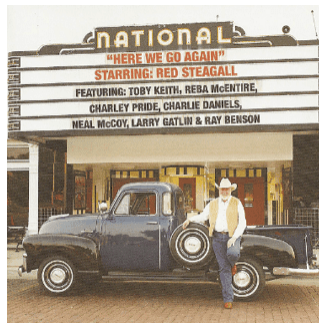
10. **We Shall Be Free** by Garth Brooks

My friend Josh plays this song at the benefit for the Glade Spring tornado. Fun Fact: When we were young, Ann and I had a great conversation with Garth Brooks at the Washington County Fair. He's a wonderful human being!



11. **Somewhere My Love** by Red Steagall

This timeless song entertains 500 people at Pops's celebration of life in the story "Nine Lives." Pops loved Red Steagall, an American actor, musician, poet, and stage performer. Fun fact: Steagall was named the Official Cowboy Poet of Texas in 1991.



12. **The Long Way Around** by The Chicks

This song plays on the radio in the story "Booty Bling" as I bedazzle a cow's rear end. It reminds me of how I spent 21 years in school, working toward my goals (including

elementary school, middle school, high school, college, and veterinary school), so I know all about the long way.



13. **Mona Lisas and Mad Hatters** by Marren Morris

This song helps me maintain my sanity during a crazy animal seizure. It plays on the radio in the story "Guinea Pig Refugee Camp." Marren Morris gets my creative juices flowing.



14. **Nights in White Satin** by The Moody Blues

This classic song blasts on the radio in my garage clinic as I perform a goat C-section in the story "Spin Cycle Séance." Fun fact: The only station available on my crappy indoor radio is a classic rock station and I love it.



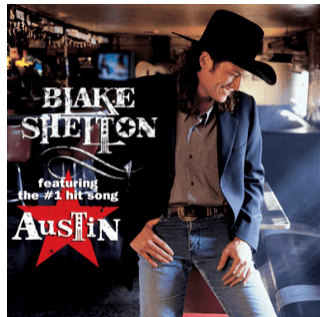
15. **Mother's Little Helper** by The Rolling Stones

This song is mentioned in the story "A Draft Horse Amongst Saddlebreds." In veterinary medicine, we not only use Valium to sedate animals, but we also use a drug called acepromazine that is yellow, commonly called "Mellow Yellow."



16. **Ol' Red** by Blake Shelton

My daughter Lucy listens to this song on the radio in the story "Resurrection of the Lamb." By age 5, Lucy could sing almost every word of this song, complete with the twang.



17. **Rainbow** by Kacey Musgraves

This song is one of the theme songs for my book. I did much dreaming and writing to these lyrics because it's about finding things to be grateful for during times of adversity, an overriding theme of my life story.



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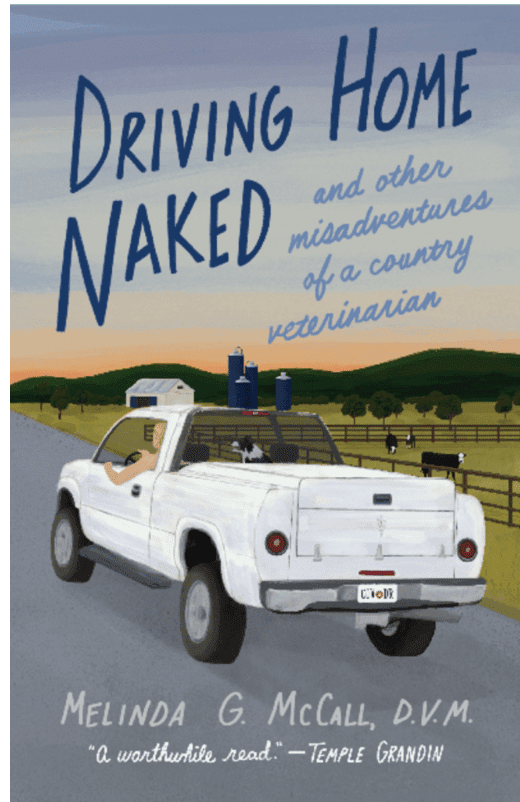
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